



Integrity Soils

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RECOMMENDED READING

Reading for Regenerative Ag systems

Science in Agriculture - Dr Arden Andersen

*Technical, but good indepth reference book which covers most aspects.
See interview: <https://www.youtube.com/watch?v=juY0J00hUPk>*

What Weeds Say – Jay McCaman

Amazing guide to what weeds are indicating, from mineral to microbial imbalances.

Foundations of Natural Farming – Dr Harold Willis

Great starting place, covers a broad range of the different aspects

Advancing Biological Farming – Gary Zimmer

More applied and a good practical book for cover crops and farming

Fertility Pastures – Newman Turner (all of his books are good!)

Older text, but not dated, covers good management and growing quality pastures.

Books available at www.acresusa.com

Some of Nicole's You Tube clips:

Part One of a 3 part talk on Microbes, oldie but a goodie ☺

<https://www.youtube.com/watch?v=52o3CSTGQEM>

TEDx talk “ A pile of reasons to fall in love with soil”

https://www.youtube.com/watch?v=JE_HHLBP82s

And the “Digging Deeper” DVD is available for \$40 US plus P&P for orders
email nicole@integritysoils.co.nz